

Brenna J. Wilcox, B.S., RMT
Celestial Waters
2023 Blackbeard Drive
Oriental, NC 28571
252-249-2953
brenna.wilcox@gmail.com

**We will discover the Way for you to begin,
continue and prosper with your balanced body-mind connection.**

My company, Celestial Waters, provides holistic health consultations as well as treatment sessions and instruction in Energy Medicine, Flower Essences, Medical Astrology, and Qigong. My Intent is to assist you in feeling better through the changes in our lives.

A consultation includes defining the core issue at hand- both physically and emotionally, reviewing your planetary alignments, discussing plant medicines and determining how we can work together to lessen your discomfort. A Reiki treatment to finish our meeting will send you home hopeful and in peace. Additional sessions may include bodywork in the form of Myofacial Release, Qigong Healing, Sacred Geometry and Sound Healing, Herbal Essences, Meditation and Qigong exercises to increase our energy while moving stagnation out of your system are also offered.

Appointments may be arranged in New Bern, Oriental or at your location.

Packages include:

- **Consultation/ 3 session commitment**
- **Chart, herbal essences and energy treatment**
- **Individual Sessions; Bodywork Sessions**
- **Astrology Reading- 1 page analysis or taped session**
- **Instruction: Reiki, Meditation, Qigong, Astrology**

S.B. in Physical Education & Health, Univ. of Mass. Amherst 1973
Reiki/Master Teacher Certification 1993-1997
Certifications 1991-2005
Qigong & Tong Ren Healing, Myofacial Release
Herbology, Shamanic Studies/Light Language, Astrology