

**Patti O'Rourke,**  
MA, RN, CCRN, RNC. LMBT #662  
Holistic Nursing Practitioner  
[nycrnwic@hotmail.com](mailto:nycrnwic@hotmail.com)  
252-241-0467

## **Holistic Nursing Practice**

Patti is a health educator and nurse whose specialty is complementary modalities. She sees her role as being a bridge between Eastern and Western medicine.

Patti has been a nurse for over 25 years. She has her Master's in Nursing from New York University. She has had a holistic nursing practice for 18 years and is a member of Nurse Healers Professional Association, Healing Touch International, American Holistic Nursing Association, and Association for Therapeutic Humor.

The modalities she uses include:

- Auriculotherapy
- Bereavement and Grief Counselor
- Healing Touch Instructor & Practitioner
- Meridian Therapy
- Pain Management
- Qigong Instructor & Practitioner
- Reiki Master
- Tai Chi Chih Instructor & Practitioner
- Therapeutic Touch Instructor & Practitioner
- Stress Management
- Reflexology
- Acutonics®

Certification:

Critical Care Nursing-American Association of Critical Care Nurses  
Psychiatric and Mental Health Nursing-American Nurses Association  
Grief and Bereavement Counseling-Corondolet Institute  
Meridian Therapy-World Institute of Cognitive Sciences

Patti O'Rourke has been on faculty of Catholic Medical Center School of Nursing, Dominican College, New York University, East Carolina University and Carteret Community College